



SHIP'S COOK

Main tasks and duties

Ship's Cooks prepare a range of tasty, healthy meals for the entire crew. They are responsible for food procurement and food supply management. They organize and oversee all galley activities, supervise their staff (Stewards) and apply ship galley safety and health standards.

Academic training or professional development

After obtaining their secondary school diploma, candidates can begin their careers by registering for training in institutional cooking. In addition to constituting an asset for prospective jobs, this training exempts candidates from Transport Canada's practical exam.

All mariners, regardless of their duties aboard ship, must meet certain Transport Canada requirements, notably have Marine Emergency Duty (MED) and marine first aid training. For Ship's Cooks, this represents about three weeks of practical courses. To work as Ship's Cooks, candidates must have Transport Canada Ship's Cook certification. Candidates must also obtain a certified criminal record check from the Royal Canadian Mounted Police or, for those who have a criminal record, a copy of pardoned record for a U.S. waiver.

Ship's Cooks can complete ongoing training, accumulate the required seetime, pass the Transport Canada exams and access other duties aboard ship.

Educational institutions and training centres in Québec

Many vocational training centres offer training in institutional cooking.

The Centre de formation aux mesures d'urgence (Institut maritime du Québec) in Saint-Romuald (Lévis) offers Marine Emergency Duty (MED) training.

Career opportunities

- Ship's Cook
- Steward
- Chief Cook

Essential qualities and interests

- Interest in working at sea
- Interest in food services
- Good sense of planning and organization
- Aptitude for customer service

Average annual income: \$50 000 to \$75 000

Salary varies according to time worked, position, type of voyage and ship type.

For more information

www.csmoim.qc.ca

www.lesaint-laurent.com

www.inforoutefpt.org

www.tc.gc.ca

www.imq.qc.ca



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